

HOW TO REGISTER:

1. LOG IN TO YOUR ACCOUNT

IF YOU HAVE NOT LOGGED IN, PLEASE SELECT FORGOT OR RESET PASSWORD.

ALL MEMBERS ARE IN THE SYSTEM. AN EMAIL WILL BE SENT TO THE EMAIL ON FILE.

2. UNDER QUICK LINK SELECT FITNESS WORKOUT SLOTS

3. SELECT A TIME FRAME AND CLICK ON THE CALENDAR BUTTON

4. PICK YOUR DAY OF THE WEEK.

YOU MAY CHOOSE ONE SLOT PER DAY.

5. ADD TO CART

SWIMMERS NO LONGER NEED TO BOOK A FITNESS WORKOUT SLOT IN ORDER TO BOOK A LAP SWIM OR THERAPY POOL SLOT, UNLESS PLANNING TO WORKOUT PRIOR TO SWIMMING. KEEP IN MIND THE WORKOUT SESSION IS 1 1/2 HOURS IN LENGTH AND THE SWIM SESSION IS 1 HOUR WITHIN THAT HOUR AND A HALF.

6. CHECK THE BOX FOR THE PERSON IN YOUR HOUSEHOLD WHO IS GOING TO THE RESERVATION

7. CHECK THE WAIVER BOX

8. CLICK ON THE CHECKOUT BUTTON

(NOTHING WILL BE CHARGED TO YOUR ACCOUNT)

9. A RECEIPT WILL BE EMAILED TO YOU

ANY QUESTIONS PLEASE CONTACT
THE FITNESS DESK AT 847.531.7025